

LACE UP BOOT CHEAT

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Zhik boot lace fail.....you know that last few minutes in the changing room, your running later and all that's left is to pull on your sailing boots. Well, if you have a pair of the Zhik boots (or similar, other makes are available etc, etc...) you will already know this is not a quick job, undoing the laces enough to get your foot in can be a real challenge and then at the last moment you pull the end of the laces through the last eye. Of course, this is not a problem if you have a nice new pair of boots but if like mine yours have been well used and the plastic end on the laces has long since gone, you will have a frayed end.... which when you're in a hurry is more than a nightmare to get back through the lacing eye. Well, your be pleased to know that there are 2 things that you can easily do to solve this issue and enable you to get to the start line on time as follows:

- 1) Buy a pair of the thin wetsuit hot socks, this allows your foot to slide into the boot with much more ease, also they really keep your feet cosy and warm even on the coldest of days, and
- 2) Tie a knot in it, yes it really works I did this the other day, a simple stopper knot at the end of the lace stops it pulling through, so when you really pulling hard and wriggling your toes in desperation to get your foot in the laces can't get pulled through. I have attached a photo. Phew all good now and ready to sail.

