



Supernova Class Training Day

Where? – Girton Sailing Club, NG23 7HX

When? – Saturday, 18th July 2026.

Ready to Hoist – (unchanged) for 10.30am start.

What? - The Program.

Review of what was covered in 2025

Controls – tapes to tweak.

Tacking for speed.

Trim.

The importance of keeping a Supernova ‘Rudder Neutral’

The Dog wagging the Tail!

Getting away clean.

Where to be and how to be there!

Racing with the bigger picture in mind.

Having a changeable plan as you plot your way around the course.