



19th and 20th September 2026

Dalgety Bay Sailing Club Annual Regatta

Scottish Skiff Event

RS Aero Scottish Series Event

RS Feva Scottish Series Event

Blaze Scottish Series Event

ILCA Scottish Championship & Youth Event

RS400 Scottish Series Event

Supernova Scottish Traveller Event

General Handicap Class

The Organising Authority is Dalgety Bay Sailing Club Ltd.

Sailing Instructions

Preamble

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. RRS Appendix T will apply.
- 1.3. RRS 35 is changed so that after the first boat has finished, boats may be finished based on their observed position on the course.
- 1.4. RRS 40.1 applies at all times while afloat. [DP].

- 1.5. In the case of conflict between the Notice of Race and the Sailing Instructions, SIs will take precedence. This changes RRS 63.5.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted no later than 30 minutes before Flag D is displayed, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at <https://www.dalgetybaysc.org/event/dalgety-bay-sailing-club-annual-regatta> .

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the Race Officers hut in front of the clubhouse.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 5.3. [DP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed.'

6. SCHEDULE OF RACES

- 6.1. Six races are scheduled for this series. (3 Saturday and 3 Sunday). More than 3 races may be sailed on Sunday if 3 races are not completed on Saturday.
- 6.2. The first warning signal will not be before 12:57 (BST), 19th September 2026.
- 6.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.
- 6.4. Races 2 and 3 will start as soon as possible after the respective preceding race.
- 6.5. The first warning signal will not be before 10:27 (BST) on 20th September 2026.
- 6.6. Races 5 and 6 will start as soon as possible after the respective preceding race.
- 6.7. No warning signal will be made after 14.57 (BST), 20th September 2026.

7. CLASS FLAGS

- 7.1. The classes with separate starts and their class flags will be posted on the official notice board no later than 11am on Saturday 19 September 2026.

8. RACING AREAS

- 8.1. The racing areas are as shown in SI Addendum A. The racing area will be shown at the Race Box no later than the time Flag D is flown.

9. THE COURSES

- 9.1. The diagrams in SI Addendum B show the course options to be sailed with the order in which the marks are to be passed and the side on which each mark is to be left.
- 9.2. The course designation to be sailed will be displayed on the committee boat.
- 9.3. The approximate bearing of mark one may be displayed on the committee boat.
- 9.4. If a gate is replaced by a single mark, it is to be left to port.
- 9.5. The provisional courses to be sailed by each class are:

Inner Loop (IX)	Outer Loop (OX)
General Handicap	Supernova
Scottish Skiff	ILCA
RS400	Blaze
RS Feva	Aero

The final courses to be sailed by each class will be shown on the committee boat.

10. MARKS

- 10.1. Marks will be large orange cylindrical marks.
- 10.2. The starting mark will be either an official vessel displaying an orange pole or flag or a yellow pencil mark.
- 10.3. The finishing mark will be either an official vessel displaying a blue flag or a yellow pencil mark.

11. OBSTRUCTIONS [DP]

- 11.1. Boats shall keep more than 100 metres away from vessels over 100 metres in length, vessels at anchor or vessels displaying Flag A (indicating divers in the water). These areas are obstructions as defined in the Rules.
- 11.2. An official boat in close attendance to a craft or competitor in difficulty is an obstruction.

12. THE START

- 12.1. Races will be started as follows:

Time before start	Signal	Sound
3 minutes	Warning Signal	One sound
2 minutes	Preparatory Signal	One sound
1 minute	Preparatory Signal	One sound
Start	Warning Signal down and Warning Signal for next fleet	One sound

This changes RRS 26.

- 12.2. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port end starting mark.
- 12.3. A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.4. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. To change the next leg of the course, the race committee will move the original mark.
- 13.2. Minor mark moves, up to approximately 100m in any direction, may be made without signalling the change. This changes RRS 33.

14. THE FINISH

- 14.1. The finishing line is between the staff displaying a blue flag on the committee boat and the finishing mark.

15. PENALTY SYSTEM

- 15.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16. TIME LIMITS [AND TARGET TIMES]

- 16.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Time
20 minutes	60 minutes	15 minutes	45 minutes

- 16.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3. The Finishing Window is the time for boats to finish after the first boat sails the course. Boats failing to sail the course within the Finishing Window, will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1, and A5.2.
- 16.4. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.

17. HEARING REQUESTS

- 17.1. The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 17.2. Hearing request forms are available from the Race Officers hut.

- 17.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the clubhouse, beginning at the time posted.

18. SCORING

- 18.1. Two races are required to be completed to constitute a series.
- 18.2. The Low Point System of RRS Appendix A will apply.
- 18.3. There will be 1 discard if 4 or more races are completed.

19. SAFETY REGULATIONS

- 19.1. [NP] A safety tally system will be in operation.
- 19.2. [NP] Check-out and check-in: Each boat will be issued with a tally number at registration. Each boat shall, before going afloat each day, check out by collecting their SailRacer tracker, keep while on the water and check back in immediately on returning to shore and at the latest by the end of the Protest Time Limit.
- 19.3. [DP] The tracker must be fixed to the boat at or around the gooseneck and not moved for the duration of racing.
- 19.4. [DP] A boat that fails to either tally in or out, may be penalised by the Race Committee. This changes RRS 60.5B.
- 19.5. [DP] Trackers are issued for safety purposes and any indication of race results is provisional only.
- 19.6. [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration form, which is available at the Race Office hut.

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. [DP] Substitution of competitors is not allowed without prior written approval of the race committee. Competitors may request a change of crew by sending an email to crewchange@dalgetybaysc.org with a summary of the change requested and reasons for the change.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 21.2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.
- 21.3. All boats trolleys shall be clearly labelled with the supplied tally

22. SUPPLIED BOATS [Not used]

23. OFFICIAL VESSELS

- 23.1. Official vessels are defined as committee boat, mark layers, safety boats and jury boats.

- 23.2. Safety boats may carry competitors drinks, snacks, or spares, at the discretion of the driver/crew of the safety boat. Do not leave any bags on the committee boat.

24. SUPPORT TEAMS [Not used]

25. TRASH DISPOSAL

- 25.1. Rubbish must not be thrown in the sea. Rubbish may be placed aboard safety boats.

26. BERTHING

- 26.1. [DP] Boats shall be kept in their assigned places while in the boat park.

27. HAUL-OUT RESTRICTIONS [Not used]

28. DIVING EQUIPMENT AND PLASTIC POOLS [Not used]

29. PRIZES

- 29.1. Prizes will be awarded depending upon the number of competitors.

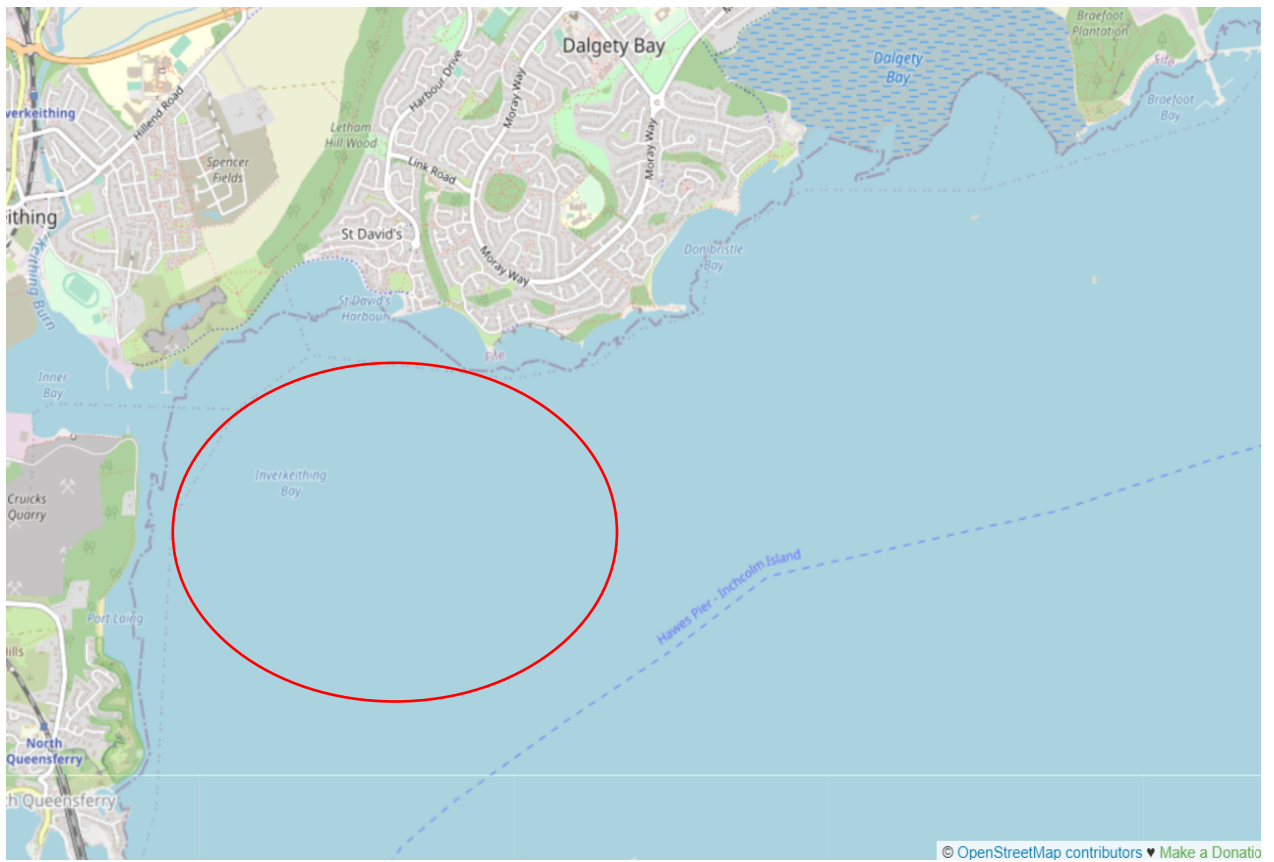
30. RISK STATEMENT

- 30.1. Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 30.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 30.2.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 30.2.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 30.2.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 30.2.4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 30.2.5. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 30.2.6. The provision of rescue boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 30.3. Radioactive contamination has been found on the beach at DBSC and the surrounding bay. The health risk has been deemed low, however you should not dig in the sand or remove material from the beach. Further details can be found at <https://dalgetybaysc.org/member/radium-remediation/>.

31. INSURANCE

- 31.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 000 000 per event or the equivalent

Addendum A – Racing Area A



Racing Area B



Addendum B – Course Descriptions

