

NORTHAMPTON SAILING CLUB

Sailing Instructions for the Lightning 368 Nationals & Supernova Inlands

At Pitsford Reservoir on Saturday 5th & Sunday 6th September 2015

1 RULES

- 1.1 Racing will be governed by the "Rules" as defined in the Racing Rules of Sailing, the Notice of Race, and these Sailing Instructions. In the event of there being any conflict between the aforementioned, these sailing instructions will take precedence at all times.
- 1.2 The event will be designated category C in accordance with ISAF Reg. 20

2 Notice to Competitors

Notices to competitors will be posted on the official Notice Board, located on the Clubhouse Veranda Area in front of the Galley doors to Veranda.

3 Changes to Sailing Instructions

- 3.1 Any changes in the sailing instructions will be posted one hour before the advertised starting time of the race or races concerned.
- 3.2 Changes in the Sailing Instructions will be signalled by displaying flag "L" from the flagpole. When no further changes have been made Flag "L" will be lowered after the start of the last race of that day.

4 Signals made Ashore

- 4.1 Signals made ashore will be hoisted on the flagpole located on the Veranda at the North East corner of the Clubhouse.
- 4.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 30 minutes" in "race signal AP".

5 Schedule of Races

The race start times are scheduled to be as follows with the warning signal being 5 minutes prior to the start time.

Saturday September 5th	Briefing @	11.00	Sunday September 6th	Race 5 @	10.00 (Supernova) 10.05 (Lightning 368)
	Race 1 @	12.00 (Supernova) 12.05 (Lightning 368)		Race 6	To Follow Back to Back
	Race 2	To Follow back to back			
		Lunch			
	Race 3	To Follow			
	Race 4	To Follow back to back			

6 Class Flag Signals

Class - Supernovas Class flag
Class - Lightning 368 Class flag

7 Racing Area

Attachment A (which will be available at registration) shows the location of the racing area.

8 The Courses

- 8.1 The approximate positions of the marks are shown in Attachment "A".
- 8.2 The course configuration and the order of rounding of marks will be as shown on the course board on the stern of the committee boat. The letters refer to the marks and the background colour refers to the side they are to be left. When "line" is included in the course boats will pass between the committee boat and the end of line mark on each lap.
- 8.3 In the event that the course displayed is changed prior to a race starting, the race officer may indicate this by flying flag C from the committee boat mast.
- 8.4 The race officer will disqualify boats seen by the race team to have sailed the wrong course, including missing the line when set as part of the course.

9 Number of Rounds

Each race will last for approx. 50 mins.

10 The Marks

The course marks will be 1 metre Orange Spherical Buoys, with a designating letter as shown on Attachment "A".

11 The Start

- 11.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the start signal. (5 4 1 Go).
- 11.2 The start line is defined as the line between the mast displaying an Orange flag on the committee boat and an end of line mark flying a flag from its mast.
- 11.3 Boats whose warning signal has not been made shall avoid the start area.
- 11.4 A boat starting later than 4mins. after her start will be scored DNS.
- 11.5 Fleets will start at five minute intervals in the following order.
- (a) Supernovas
 - (b) Lightnings
- 11.6 The start signal of one fleet being the warning signal for the following fleet.
- 11.7 In the event of a general recall the fleet recalled will have its start postponed until after the last outstanding start. The next start will not normally be interrupted by a general recall.

12 Change of Position of the Next Mark

To change the position of the next mark, the race committee will move the original mark to a new position. If significant the change will be signalled before the leading boat has begun the new leg, although the mark may not yet be in its new position. The direction it has been / will be moved will be signalled by the boat at the previous mark showing Red for movement to Port and Green for movement to Starboard. Any mark to be rounded after rounding the moved mark may be relocated without further signalling to maintain course configuration.

13 The Finish

- 13.1 The finish line will be between the mast displaying a blue flag on the committee boat or a RIB, and the end of line marker or other mark of the course.
- 13.2 At the discretion of the race officer he may sail backwards through the fleet noting each boats position and finishing each boat at that time.

14 Time Limit

The time limit will be 70 minutes. Boats failing to finish within 20 minutes after the first boat finishes or within the time limit, whichever is later, will be scored "DID NOT FINISH". This changes RRS 35 and

A4.

15 Protests and Requests for Redress

- 15.1 Protests shall be written on forms available at the race control desk and delivered there within 30 minutes of the last boat finishing the race, or if races are sailed “back to back” within 30 minutes of the finish of the last of the “back to back” races.
- 15.2 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.

16 Scoring

16.1 Low Point scoring system of Appendix A will apply, modified as follows:

- a) A boat that Does not Come to Starting Area (DNC), or is disqualified (DSQ) shall be scored points for the finishing place one more than the number of boats entered in the series.
- b) A boat that does not finish (DNF) or Retired (RET), is Did not start; on course side of the starting area at her starting signal and failed to start, or broke rule 30.1 (OCS), or did not start (other than OCS or DNC) (DNS), shall be scored the points for the finishing place one more than the number of boats finishing that race.
- c) This changes rule A4.2.

16.2 Series ties will be broken in accordance with ISAF Appendix A 8.1 and ISAF Appendix A 8.2.

16.3 One race to be completed to constitute a series.

16.4 If three or less races are sailed then there will be no discards

16.5 If four or more races are sailed then one race will be discarded

17 Safety Regulations

17.1 Adequate personal buoyancy shall be worn at all times when afloat. This amends Rule RRS40. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy.

17.2 It is not permitted to land outside the club enclosure except in an emergency.

17.3 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

18 Declarations

18.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.

18.2 A declaration sheet will be displayed near the official notice board which must be signed within 30 minutes of the last boat finishing in each race ONLY by competitors who have retired.

19 Equipment and Measurement Checks

Boats will comply with measurement, and other rules, of their respective class associations

20 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. (See RRS 4. “Decision to Race”.)

“Risk Statement”

Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as it can be practically provided in the circumstances;
- (g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face the extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- (h) The fact that the race committee conducts inspections does not reduce the responsibilities of each competitor set out in the Notice of Race or these sailing instructions
- (i) The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

21 Insurance

Each participating boat shall be insured with a valid Third Party Liability Insurance with a Minimum Cover of £3 million.

22 Rights to use Names & Likenesses

Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the event.