Cotswold Sailing Club

Event: All Open Meetings



SAILING INSTRUCTIONS

1 RULES

1.1 The regatta will be governed by the 'rules' as defined in ISAF Rules of Sailing (2013-2016).

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at Cotswold Sailing Club.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted as least 30 minutes before the first race or announced during the briefing.

4 SCHEDULE OF RACES

- **4.1** Racing is scheduled as stated in the Notice of Race:
- 4.2 The number of races scheduled is as follows: 3 races, unless stated otherwise in the Notice of Race.
- 4.3 The scheduled time of the warning signal for the first race is 5 minutes before the start time stated in the Notice of Race, unless stated otherwise during the briefing.

5 CLASS FLAGS

Class flags will be:

Class Flag

Main Fleet R Flag (If only one fleet is being started)
Faster Fleet R Flag (If two fleets are being started)
Slower Fleet D Flag (If two fleets are being started)

6 RACING AREAS

Attachment A shows the location of the racing area.

7 THE COURSES

- 7.1 The diagrams showing the courses will be displayed in the Club House, including the order in which marks are to be passed, and the side on which each mark is to be left. (The approximate course length will be 1 hour for the first boat).
- **7.2** A change to the approximate course length will not provide a reason for redress.

8 MARKS

8.1 Marks 1 - 10 will be Large Red Buoys, displaying the appropriate number. A large round black mark designated "Windward Mark (WM)" may also be used as a mark of the course as detailed on the course board.

8.2 The starting and finishing marks will be Yellow Round Marks, unless otherwise stated during the briefing.

9 THE START

9.1 Races will be started as follows: The start will be as per Rule 26.

Signal	Time	Flag
Warning	5 mins	Class Flag hoisted
Preparatory	4 mins	P, I or Black Flag hoisted (Rule 30.1 & 30.3)
One-minute	1 min	P, I or Black Flag lowered
Starting	0 min	Class Flag lowered

- 9.2 Individual and general recalls will be signalled as per Rules 29.1 (X Flag and 1 sound) and 29.2 (First Substitute with 2 sounds). If a general recall is signalled for the first fleet start of a multi fleet starting sequence, the whole sequence will start again (therefore the faster fleet will always start before the slower fleet).
- **9.2** The starting line will be between the port-end starting mark and the Mast on the Committee boat. Boats must pass between both outer and inner distance starting marks.

10 THE FINISH

- 10.1 The finishing line will be between the port-end starting mark and the Mast on the Committee boat. Boats must pass between both outer and inner distance starting marks.
- **10.2** Shortened course will be signalled as per Rule 32.2. (S Flag and 2 sounds).

11 PENALTY SYSTEM

11.1 As provided in rule 67, the protest committee may, without a hearing, penalize a boat that has broken rule 42.

12 TIME LIMITS

12.1 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 13.2 For each class, the protest time limit is 30 minutes after the last boat has finished the last race of the day. [The same protest time limit applies to all protests by the race committee and protest committee and to requests for redress]. This changes rules 61.3 and 62.2.

14 SCORING

14.1 Points

The low point scoring system will apply as set out in RRS A4.1. Boats that did not start, did not finish, retired after finishing or were disqualified shall be scored in accordance with RRS A4 (number of boats enter in the regatta +1).

14.2 Series Ties

RRS rule A8 applies.

- **14.2** 3 races are required to be completed to constitute a series.
 - (a) On completion of the 3 race series, a boat's 2 best scores will be counted.
 - (b) When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.

15 SAFETY REGULATIONS

- **15.1** A boat that retires from a race shall notify the race committee as soon as possible.
- 15.2 All competitors afloat shall wear suitable life-jackets or buoyancy aids at all times when racing.

16 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

17. RISK STATEMENT

Rule 4 of the Racing rules of sailing states:' The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- 17.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 17.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 17.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions:
- 17.4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 17.5. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 17.6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- 17.7. Their boat is adequately insured, with cover of at least £2million against third party claims;

Attachment A – Illustration of the Race Area

