

CONISTON SAILING CLUB - May Regatta - SAILING INSTRUCTIONS

1 RULES

- 1.1** The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing 2013-2016. Rules of Coniston Sailing Club will also apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the notice boards located outside the race hut and inside the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not less than one hour before any race it will affect.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed on the club flagstaff.

- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.

5 SCHEDULE OF RACES

- 5.1** Race briefing Sat May 24th at club house 12.45 hrs

- 5.2** Racing is scheduled by the Race Office

- 5.3** Presentations (at club house) 15.30hrs

6 FLEET COMPOSITION

Fleet composition to be posted on the official notice board at least 1 hour before 1st Race

7 RACING AREAS

The Racing area will be Coniston Water.

8 THE COURSES

- 8.1** All races will be sailed using the Coniston Sailing Club marks as designated on the accompanying map and/or temporary buoys.

- 8.2** No later than the warning signal, the race officer will display the course on the course blackboard (next to the Race Hut) or on the race committee boat.

9 MARKS

- 9.1** Club marks are coloured, spherical buoys;

Dan buoys are orange buoys with a vertical pole.

- 9.2** A dan buoy may replace club marks.

- 9.3** The starting and finishing marks will be between the race committee boat and a buoy (either a dan buoy or a club mark) or the Club line.

10 THE START

- 10.1** Races will be started by using rule 26. The starting signal for one fleet will be the 5 minute signal for the following fleet. A general recall for any fleet requires that fleet to become the last fleet to start (go to the back of the queue).

- 10.2** The starting line will be between the mast of the committee boat and a buoy (either a dan buoy or a club mark) or an extension line formed by a transit near Race Hut.

No 1 buoy is only an outer limit marker when race starts on the club line.

- 10.3** A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.

11 THE FINISH

- 11.1** The finishing line will be between the mast of the committee boat and a dan buoy or between No.1 buoy and the Race Hut flag pole.

12 SHORTENING

- 12.1** The Race Officer may shorten the course (display flag S with 2 sound signals) at any time. This changes rule 32.

- 12.2** The course may be shortened either at a mark of the course or at a finish line as defined in instruction 11.1. This changes Race Signal S.

13 TIME LIMITS

- 13.1** Time limit will be 1.5 hours.

- 13.2** Boats failing to finish within 30 minutes after the first boat in their fleet sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

14 PROTESTS AND REQUESTS FOR REDRESS

14. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

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14. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee and to requests for redress. This changes rules 61.3 and 62.2.

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14. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses

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15 SCORING

15. The Low Point scoring system of Appendix A will apply.

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15. The races to count for overall positions are

2	Number of races sailed	Number of races to count
	7	5
	6	5
	5	4
	4 or fewer	All

16 SAFETY REGULATIONS

16. A boat that retires from a race shall notify the race committee as soon as possible.

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16. Buoyancy aids to be worn while afloat

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16. All helmsmen must sign on before each race and sign off after each race. Boats that do not sign on before that start of a race will be scored Did Not Start for that race.

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17 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race . “Risk Statement”

Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as it can be practically provided in the circumstances;
- (g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face the extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- (h) (if not covered anywhere else in the Notice of Race) Their boat is adequately insured with cover of at least (£2,000,000) against third party claims.

INSPECTIONS

The fact that the race committee may conduct inspections does not reduce the responsibilities of each competitor set out in this Notice of Race.