

# BALA SAILING CLUB SAILING INSTRUCTIONS 2011

## 1 GOVERNANCE

- 1.1 The racing will be governed by the 'rules' as defined in the ISAF Racing Rules of Sailing 2009 –2012 and these sailing instructions.
- 1.2 In order to constitute a race a minimum of 2 boats are required to be intending to race at the start signal.
- 1.3 Competitors are required to sign on for the day or event. This can either be at Registration or on a sheet provided at the race office. Changes to the declared crews must only be made with the consent of the race officer, which shall not be unduly withheld. There is no requirement to sign off after each race although retiring boats must advise the Race Officer at the earliest opportunity.

## 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located at the Clubhouse.

## 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted on the official notice board not less than 30 minutes before the start of the first race, except that any change to the schedule of races will be posted by 20:00 hrs on the day before it will take effect.

## 4 CLASS FLAGS

- Class Flags will be as recommended by the race committee, the prescriptions of the RYA and class associations.

## 5 SIGNALS

- 5.1 Shore Based Starts  
Signals will be displayed on the Flag Staff at the Bridge (beyond the Clubhouse).  
Note: In the event of a postponement or abandonment the appropriate flags may also be displayed on a flagpole in front of the clubhouse.

## 5.2 Water Based Starts

- Signals may be displayed on the Flag Staff on the Committee Boat.  
Note: In the event of a postponement or abandonment the appropriate flags may also be displayed on a flagpole in front of the clubhouse. The start sequence will commence no earlier than 15 minutes from the cancellation of the postponement indicated from these shore based signals

## 6 COURSE INSTRUCTIONS

- The attached map [see overleaf] shows the location of the racing area.  
The marks of the course are blue buoys with either yellow letters or yellow numbers, positioned approximately as shown.

## 7 COURSES

- 7.1 These will be indicated by boards coloured either red or green, bearing letters or numbers in white. Red boards indicate a PORT rounding, and green a STARBOARD rounding. The boards will be located either at the Bridge or on the Committee Boat.

- 7.2 Laps. The maximum number of laps will be shown on a black board with white digits.

- 7.3 The 'F' BOARD is a red diamond on white board. If the indicated course boards contain one 'F' board, the buoys shown BEFORE the 'F' will only be rounded once. The course indicated AFTER will be rounded for the number of laps shown on the black board with white digits.

- 7.4 The 'G' board is a yellow and blue striped board. If the 'G' board is displayed, the start line will form a gate through which boats must pass at the end of each lap. Boats are prohibited from sailing through the gate except at the end of each lap.

## 7.5 Change of Course

- Should the Race Officer decide to change the course or the Start Location before the STARTING SIGNAL, then flag AP will be hoisted and will remain until one minute before the WARNING signal for that race.

The above signals will be supplemented in accordance with 5.1 and 5.2 above.

## 8 STARTING RACES

- 8.1 Races will be started using ISAF rule 26.

- 8.2 Starting will be LINE STARTS.

- 8.3 The Shore Based start line will be the extension of the line between the Flag Mast at the Bridge and the Transit Pole in front.  
The outer limit of the start line will be indicated by a Dan Buoy topped with an Orange flag. An inner limit mark may also be set which again will be a Dan Buoy topped with an Orange flag.

- 8.4 The Water Based start line will be:-  
Between the flag mast of the Committee boat displaying an Orange flag, and EITHER a nearby mark of the course OR a temporary mark.

## 9. PERSONAL BUOYANCY

- ISAF Rule 40 [personal buoyancy] applies at all times while afloat.

## 10 RECALLS

- These will be as ISAF Rule 29.

## 11 PENALTIES

- These will be as ISAF Rule 30

## 11.1 Protest Flag

- Rule 61.1.2 will not apply. No competing boat is required to fly a protest flag

## 12 FINISHING RACES

### 12.1 Finishing line

- The finishing line will be EITHER  
Between the Flag Mast of the Committee Boat displaying a blue flag and a nearby mark of the course, OR  
Between the Flag Mast of the Committee Boat displaying a blue flag and a nearby temporary mark, OR  
Between the Flag Staff at the Bridge displaying a blue flag and the X mark, when X is a mark of the course.

### 12.2 Shorten Course

- Races may be shortened at the discretion of the Race Officer as per Rule 32

### 12.3 Average Lap Times

- Flag 'F', with 2 sound signals, hoisted as the boat to be finished rounds the last mark will signify that average lap times are being used for that fleet. After the signal, all the boats in that fleet will finish as they next cross the finish line.

## DIRECTION OF FINISHING will be from the previous course mark.

- Boats having finished MUST clear the line round its extensions and NOT interfere with boats still racing.

## 13 TIME LIMITS

- Any boat failing to cross the finish line within 30 minutes of the leading boat in that fleet will be deemed to have retired.

## 14 DISPUTE PROCEDURES

- 14.1 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration Procedure of the RYA Disputes and Procedures will be available. See Official Notice board for details.

- 14.2 Protests must be lodged at the Race Office no later than 60 minutes after the finish of the last boat in the last race of the day and a £5 deposit is required (returnable if protest is judged not to be frivolous).

## 15 DECLARATIONS

- Boats crossing the finishing line will be assumed to have sailed the race in accordance with the Racing Rules and will NOT be required to sign a declaration. Boats retiring or resigning MUST advise the Race Officer to that effect within 15 minutes of coming ashore.

## 16 SCORING

- The low points scoring system of 'APPENDIX A' will apply

## 17 DISCARDS

- The following discard system will be used:

- 9 races sailed, 7 to count
- 8 races sailed, 6 to count
- 7 races sailed, 5 to count
- 6 races sailed, 5 to count
- 5 races sailed, 4 to count
- 4 races sailed, 3 to count
- 3 races sailed, 3 to count
- 2 races sailed, 2 to count
- 1 race sailed, 1 to count

## 18. HANDICAPPING

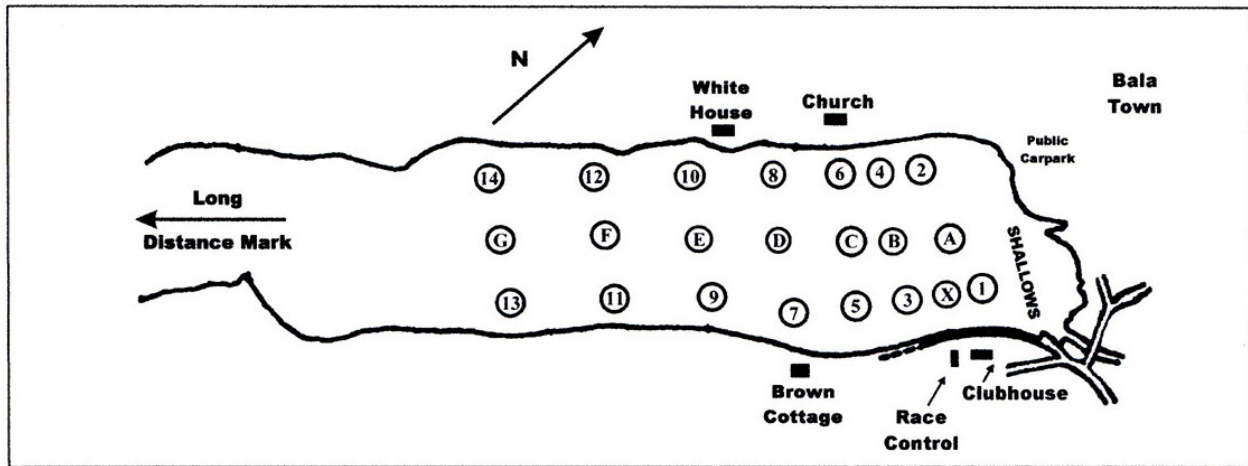
- Handicap race finishing times will be calculated with the current RYA Portsmouth Yardstick [PY] or [PN] scheme or other rating approved by Bala Sailing Club prior to the first race of the event.

- Boats without a PY/PN may be accepted for handicap racing, BUT will be allocated a suitable Yardstick by the Race Committee.

## 19. IDENTIFICATION

- All boats must sail under their own class insignia and number, permission to do otherwise must be sought from, and granted by, the Race Officer on behalf of the Committee PRIOR to racing or disqualification may result.

# Clwb Hwyllo'r BALA Sailing Club



## RACE SIGNALS

The meaning of visual and sound signals are stated below.  
 An arrow pointing up or down (↑ ↓) means that a visual signal is displayed or removed. A dot (•) means a sound, five short dashes (-----) mean repetitive sounds. A long dash (—) means a long sound.  
 When a visual signal is displayed over a class flag, the signal only applies to that class

### Preparatory Signals



↑ •  
 ↓ —  
**P**  
 Preparatory signal.



↑ •  
 ↓ —  
**I**  
 Rule 30.1 is in effect.



↑ •  
 ↓ —  
**Z**  
 Rule 30.2 is in effect.



↑ •  
 ↓ —  
**Black flag**  
 Rule 30.3 is in effect.

### Recall Signals

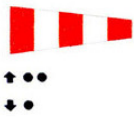


↑ •  
**X**  
 Individual recall.



↑ ••  
 ↓ ••  
**First Substitute**  
 General recall.  
 The warning signal will be made 1 minute after removal.

### Postponement Signals



**AP**  
 Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



↑ ••  
**AP over H**  
 Races not started are *postponed*. Further signals ashore.



↑ ••  
**AP over A**  
 Races not started are *postponed*. No more racing today.



↑ ••  
 ↓ •  
**AP over a numeral pennant**  
 Hours *postponement* from the scheduled starting time

### Other Signals



↑ •  
**L**  
 Ashore: A notice to competitors has been posted. Afloat: Come within hail or follow this boat.



-----  
**M**  
 The object displaying this signal replaces a missing mark.



(no sound)  
 In position on Start Line



(no sound)  
 In position on Finish Line

### Course Change Signals



↑ ••  
**S 12.2**  
 The course has been shortened. Rule 32.2 is in effect.



↑ ••  
**F 12.3**  
 The course has been shortened and average lap times are in effect.

### Displayed on either the Committee Boat or Bridge



Start Line

Marks to be Rounded ONCE BEFORE F Board

F Board S.Instruction 7.3

Course is marks AFTER F Board



Course is marks AFTER the F Board

G Board (Gate) S.Instruction 7.4

No of Laps